

Youth Center Volunteer Job Description

- A. **JOB TITLE:** Youth Sports Coach
- B. **STAFF COORDINATOR:** Youth Sports Director
- C. **VOLUNTEER JOB SUMMARY:** The Youth Sports Coach will teach individual skills and fundamentals of a sport, develop team play, schedule and conduct practice sessions and parent meetings, participate and enjoy the sport.
- D. **ACTIVITIES AND RESPONSIBILITIES:**
1. Teach the proper fundamentals and skills of a sport.
 2. Work with every player on the team from the most highly skilled to the least skilled. All players are given equal attention.
 3. Demonstrate the importance of fitness habits such as warm-up and exercise.
 4. Teach the values of fair play. This includes:
 - a. Respect for oneself.
 - b. Respect for teammates and being a team player.
 - c. Respect for the other team.
 - d. Respect for the rules and officials.
 5. Keep winning in perspective. Never ridicule or yell at children for making mistakes or losing a game.
 6. Become thoroughly familiar with the rules and basic fundamentals of the sport.
 7. Be reasonable in your demands on players' time, energy, and enthusiasm.
 8. Ensure that equipment and facilities meet safety standards and are appropriate to the age and ability of the player.
 9. Uphold the authority of the officials assigned.
 10. Be present at all practices and games at least 10 minutes before the scheduled time.
 11. Keep players and parents informed of all practice and game times and any changes in the schedule.
- E. **RECOMMENDED CHARACTERISTICS, EXPERIENCE, AND TRAINING:**
1. Coaches must be able to communicate effectively with staff, players, parents and other volunteers.
 2. Coaches must be patient yet firm in dealing with the younger play.
 3. Coaches should be generous with praise when it is deserved and never ridicule or yell at players.
 4. Coaches should have general knowledge of the rules and an understanding of the fundamentals.
- F. **SUPERVISION, BENEFITS, AND TRAINING PROVIDED:**
1. Supervision will be provided by the Youth Sports Director and Youth Director.
 2. Coaches **MUST** attend the Nationals Youth Sports Coaches Training Program and all pre-season clinics that may be presented.



Youth Sports Program
Coaches Contact Information
Please print legibly

Name: _____
Phone Number: _____ Alt. Phone Number: _____
Email: _____
Address: _____
Squadron: _____ Work Number: _____

Please Circle the sports you are interested in volunteering as a coach or an assistant coach.

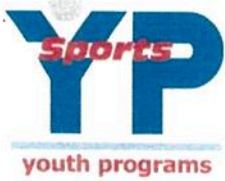
Flag Football Fall Cheerleading Fall Soccer Volleyball
Basketball Winter Cheerleading Spring Soccer Baseball

The following information will only be used in the event of an emergency.

Primary Emergency Contact Name: _____
Relationship: _____
Phone Number: _____

Preferred Local Hospital:

Any medical information to be aware of? (I.E. severe allergies requiring epi-pen, asthma requiring inhaler)



Ellsworth Air Force Base
Youth Sports and Fitness Program
Coaching Contract

I understand my responsibilities as a youth coach are of great importance. My actions have the potential to significantly influence the young athletes whom I coach. Therefore, I promise to uphold the following rights of young athletes to the best of my ability.

1. Right to participate in sports.
2. Right to participate at a level commensurate with each child's maturity and ability.
3. Right to have qualified adult leadership.
4. Right to play as a child and not as an adult.
5. Right to share leadership and decision-making of their sport participation.
6. Right to participate in safe and healthy environments.
7. Right to proper preparation for participation in sports,
8. Right to an equal opportunity to strive for success.
9. Right to be treated with dignity.
10. Right to have fun in sports,

I also promise to conduct myself in accordance with the Code of Ethics for Coaches.

1. I will place the emotional and physical well-being of my players ahead of a personal desire to win.
2. I will treat each player as an individual, remembering the large range of emotional and physical development for the same age group.
3. I will do my best to provide a safe playing situation for my players.
4. I promise to review and practice basic first aid principles needed to treat injuries of my players.
5. I will do my best to organize practices that are fun and challenging for all my players.
6. I will lead by example in demonstrating fair play and sportsmanship to all my players.
7. I will provide a sports environment for my team that is free of drugs, tobacco, and alcohol, and I will refrain from their use at all youth sports events.
8. I will be knowledgeable in the rules of each sport that I coach, and I will teach these rules to my players.
9. I will use those coaching techniques appropriate for all of the skills that I teach.
10. I will remember that I am a youth sports coach, and that the game is for children and not adults.

Name (Print): _____

Signature: _____

Date: _____

Youth Sports & Fitness Program Director: _____



COACHES' CODE OF ETHICS

I hereby pledge to live up to my certification as a NYSCA Coach by following the NYSCA Coaches' Code of Ethics:

- **I** will place the emotional and physical well being of my players ahead of a personal desire to win.
- **I** will treat each player as an individual, remembering the large range of emotional and physical development for the same age group.
- **I** will do my best to provide a safe playing situation for my players.
- **I** promise to review and practice basic first aid principles needed to treat injuries of my players.
- **I** will do my best to organize practices that are fun and challenging for all my players.
- **I** will lead by example in demonstrating fair play and sportsmanship to all my players.
- **I** will provide a sports environment for my team that is free of drugs, tobacco, and alcohol, and I will refrain from their use at all youth sports events.
- **I** will be knowledgeable in the rules of each sport that I coach, and I will teach these rules to my players.
- **I** will use those coaching techniques appropriate for all of the skills that I teach.
- **I** will remember that I am a youth sports coach, and that the game is for children and not adults.

Coach Signature

Date